

January 9, 2009

# Black River First Nation Newsletter



HAPPY NEW YEAR !

There is no Band Meeting for the month of January 2009  
Next Band Meeting is on February 3, 2009

We would like to thank everyone for their sympathy and support during our loss.

From The Family  
Of late Beatrice Black

## ATTENTION Community Members!

There will be Elections for New Health & Education Committee Members (details on page 4).

### Message from the Chief

*Aneen,*

*I want to wish every one a Happy New Year this 2009. I hope that your Christmas was a joyful one with a lot of gifts and Christmas dinners being plentiful.*



*This past year, 2008 was a year filled with many challenges and different community events; Treaty Days, Winter Carnival, major construction projects, etc. With 2009 here and many plans ahead this year. I want to thank all the community members who volunteer their time with these past activities and acknowledge the staff that work for our community. Keep up the hard work!*

*Exciting times are ahead with our New School to be completed this year. This is a \$ 13 million dollar project and the school should last us 30 years.*

*Please attend community meetings this year and we will send out information in the newsletter to keep you informed of projects. Thank you for reading the news letter.*

*Kitche Meegwetch!*

*Sheldon Kent*

*Chief Black River First Nation*

# RECREATION!

## Learn To Skate Program

The Black River Recreation will be running a Learn to Skate Program for any youth that are interested in learning how to skate, this is a good opportunity to any youth from the ages of 5 years old and over. Any youth who are thinking of playing organized hockey this will be a good way to go it works on basic fundamental skills of skating from learning how to get up properly, stance, balance, forward stride and backward stride in a fun and safe environment. There is no cost to the individual but it is mandatory that all skaters have their own skates and helmets. This is a 12 week program that will be running from Tuesday, January 13 – March 31, 2009 and will take place at the Sagkeeng Arena from 4:15pm – 5:15pm. All participants will be transported to and from Black River by the recreation van and a couple of small vans if required. Time of departure each day will be at 3:30 pm from the school grounds so the youth must bring their skates and helmets with them to school and possibly a snack, we will not be going around to pick-up anybody only to drop off the participants no exceptions. If any parents are interested in this program for their child/children please contact the recreation office. Sorry for the lateness of notification I had a little trouble trying to get available ice and time and space is limited. The younger youth that are from the ages of 5 years old to approximately 7 years old do need parental involvement as they need a little bit of encouragement on the ice and someone to hold them.



Respectfully  
Allister Courchene  
Recreation Coordinator

### Volunteer Training

The recreation department will be holding a volunteer workshop in the near future that will feature topics on; roles & responsibilities, succession planning through leadership activities, managing a successful event and encouraging community involvement. This workshop will be facilitated by a member of Volunteer Manitoba and would require a minimum of 10 people to take place, if anybody is interested in this training please contact the recreation office.

### Fitness Program

To the members that put on the fitness program and volunteered their time in this program a big thank you from the recreation department they are; Maureen Courchene, Ali Courchene, Amy Courchene and Desmond Abraham. The fitness program was well attended by approximately 60 youth who participated in motor skills, social development, sportsmanship, learning to share, learning how to be team members and various exercise activities and games. This program had 2 groups; one group from the ages of 5 – 8 and the other group from the ages of 9 – 11 years old. All youth who attended had nothing but good things to say and fun was had by all.

The Fitness Program will be re-starting again on Wednesday, January 14 @ 4:15 pm – 6:00 pm for the age group of 5 – 7 years old and Thursday, January 15 @ 4:15 pm – 6:00 pm for the ages of 9 – 11 years old, if your child/children wish to attend their will be transportation provided please contact the recreation office.

## Recreation Fundraising Committee

Black River Recreation is in the process of doing monthly and yearly fundraising activities, that will include raffles, golf tournaments, texas hold-em tournaments, fishing derby, skidoo poker derby and the bike-a-thon, these are just a few that are mentioned to date we are open to suggestions. With this fundraising endeavour it will assist us in the delivery of more and consistent recreation programming along with the fundraising for a recreation/community center which is very much needed in the community. We will be looking for people who are willing to assist the recreation and the community by volunteering their services by forming a recreation fundraising committee. The committee group will be in charge of what funding comes in through fundraising and will also assist in administering the same funding that will assist in the program delivery. If anybody is interested in becoming a committee member please submit your name to the recreation office as soon as possible.

## **Band Hall Booking!**

If you are running an activity, event or workshop at the Band Hall, the recreation department will now be looking after booking, please give name or group at least 2 - 4 weeks in advance to hold your event and avoid double booking of the Band Hall, please contact the recreation office

## Recreation Night

The Band Hall will be opened on Wednesday, January 14 @ 7:00 pm -10:00 pm, Thursday, January 15 @ 7:00 pm – 10:00 pm, Friday, January 16 @ 7:00 pm – 10:00 pm and Sunday, January 17 @ 7:00 pm – 10:00 pm and will run the same nights and time following throughout the nights, weeks and months till the end of April, this is a winter program activity.

## Recreation Scheduling & Planning

The recreation department is currently working on a daily, weekly, monthly & yearly planning of recreational activities & events for the spring & summer months through to the fall & winter months, if you would like to see new programs implemented that are not already taking place please contact the recreation office I am open to suggestions for new ideas.

## Soccer

To all the members who have coached the soccer teams this year and volunteered their time for transporting and coaching the teams a big thank you from the recreation department, Coaches are; Ferlin Buboire – Sprockets 7 & 8 year olds, Pam Spence & Carla Bird Mavericks 9 & 10 year olds, Lionel Daniels - Under 13 11& 12 year olds.

This year in soccer we had a total of 64 youth who had participated.

In the new season all coaches will have to become certified with Soccer Manitoba this is the new rule for 2009 anybody wanting to become a coach will have to go through a one day clinician if interested please submit your name as soon as possible.

Any parents wishing to register their child/children in the soccer program please register early teams fill up fast and you don't want your child left out.

Their will be soccer clinicians held beginning this month please look out for posters in the near future.

## Manitoba Indigenous Summer Games North American Indigenous Games

The Manitoba Indigenous Summer Games & North American Indigenous Games will be coming around the corner once again.

Please be aware that these are elite sporting events that a lot of the athletes that compete have been in their chosen sport for at least 2 years or more. In order for our athletes to become part of Team South-east or Team Manitoba they must be willing to train and excel in a specific sport.

I will be starting a program this spring in assisting athletes in the conditioning part of any sport the age that I will be working with is from the ages 10 years old to 16 years old.

Sports that are played in both games are; softball, golf, volleyball, basketball, canoeing, track & field, rifle shooting, lacrosse, badminton, 3-d archery, swimming, boxing, tae kwon do and wrestling.

If any athletes wish to train in any of these events please contact the recreation office, if we do not have these events in our community I will assist in leading you to the right people or group.

**Meegwetch!**

Allister Courchene  
Recreation Co-coordinator

## Attention Black River First Nation Members

### *• Elections for new Health and Education Committee Members*

- Nomination Meeting, February 4<sup>th</sup> 2009*
- At the Black River Band hall, 6pm, voters list will be posted.*
- There will be 4 committee seats available for each committee, 2 weeks later voting takes place on February 18, 2009; Polls will open.*
- A monthly Honorarium is provided to each Committee Member. So please come out to the Nomination Meeting! Exciting times are ahead.*
- A Voters List will be posted, Black River treaty members will be eligible to run for committee seats, and Black River members to vote.*

*For more information please contact*

*Chief & Council*

**BELATED BIRTHDAY GREETINGS GOING  
OUT TO OUR CHIEF ON JANUARY 7, 2009  
HAPPY BIRTHDAY SHELDON!**

**FROM THE STAFF AT  
THE ALTERNATIVE EDUCATION CENTRE**



**Black River Hockey Pool**

- 1. Sonny 555
- 2. Maureen 535
- 3. Anthony 530
- 4. Linda 521
- 5. Al 508
- 6. Sheldon 506
- 7. Alice 496
- 8. Clifford 495
- 9. Tim 495
- 10. Harold 486
- 11. Brandon 477
- 12. Cheryl 468
- 13. Ron 464
- 14. Audrey 452
- 15. Joey 445
- 16. Oral 437

*Stats as of Monday, January 5, 2009*

**Birthday Greetings  
to Irvin Sayer  
January 29, 2009**



From our Family here in  
Black River First Nation

**Happy Birthday  
Dela-Rae Kent  
January 19, 2009  
From all of us!**

